April 2017 Middle School Menu Port Neches Groves ISD

Menu subject to change due to availability of food items. * May contain pork — Child must take fruit or juice with breakfast item Available daily at breakfast: Assorted cereals, Fruit juice & Pop-Tarts - All meals offer assorted fat free flavored milk or 1% white milk

Mon	Tue	Wed	Thu	Fri
3 Breakfast pizza* Steak fingers or Chicken Rings, Mashed potatoes & gravy, Carrots, Roll, Fresh fruit, Peaches	4 Banana bread Meatballs & gravy with brown rice or Meatloaf, Green Beans, Corn, Pineapple, Fresh fruit	5 Sausage Biscuit* Hot dog* or Fish Burger, Tater tots, Zucchini, Fresh fruit, Mandarin oranges	6 Omelet w/Tortilla~~~~ Quesadilla with salsa or Pizza, Pinto beans, California blend vegetables, Applesauce, Fresh fruit	7 Donut Minis ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
10 Cinna mini roll	11 Cheese stuffed pizza stick	12 Eggs, Turkey Bacon & Toast	13 Waffles	
Popcorn chicken or Chicken fried steak, Mashed potatoes and gravy, Squash, Roll, Fresh fruit, Peaches	Spaghetti & Meatballs or Lasa- gna, Spinach salad with Manda- rin oranges, Green beans, Garlic bread, Pineapple, Fresh fruit	Riblets or Salisbury steak, Carrots, Broccoli, Garlic bread, Fresh fruit, Pears	Chicken Fajita Taco or Nachos, Refried beans, Lettuce & tomatoes, Applesauce, Fresh fruit	
	18 Scrambled Egg & Tortilla	19 Kolache*	20 Muffin & Yogurt	21 French Toast Sticks
	Beef and Cheese Nachos or Quesadilla, Iceberg lettuce & diced tomatoes, Pinto beans, Pineapple, Fresh fruit	Hamburger or Spicy chicken sandwich, Tater tots, Carrots, Fresh fruit, Pears	Pizza or Chicken gumbo with brown rice, Corn, Po- tato salad, Crackers, Tropical Fruit, Fresh fruit	Grilled chicken or Meatballs with Brown Rice, Green beans, Cu- cumbers & Tomatoes, Straw- berry Applesauce, Fresh fruit
24 Sausage Biscuit*	25 Pancake on a stick*	26 Honey Bun	27 Cream cheese mini bagel	28 Mini pancakes
Chicken fried steak or Popcorn chicken, Mashed sweet potatoes, Brown gravy, Lima beans, Whole grain roll, Fresh fruit, Peaches	Chicken fettuccine alfredo or Lasagna Roll, Broccoli, Tossed salad with Romaine, Breadstick, Pineapple, Fresh fruit	Corndog or Rib Sandwich, Tater tots, Carrot & Celery Sticks with Ranch dressing, Fresh fruit, Mandarin oranges	Burrito or Pizza, Pinto beans, Corn, Lettuce & tomato, Applesauce, Fresh fruit	Pulled pork sandwich or Link on a bun, Pork 'n' beans*, Squash, Fresh fruit, Mixed fruit